


MMSA

OCTOBER 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 	3 Cheese Pizza Green Beans Peaches Roll	4 Chicken Nuggets Mac & Cheese Tossed Salad Mixed Fruit Crackers	5 Corn Dog Tater-tots Caeser Salad Carrots Banana	6 French Toast w Syrup Breakfast Potatoes Scrambled eggs Fruit Muffin	7 Italian Dunkers w/ Sauce Tossed Salad Mixed Veggies Cookie	8
9	10 ~Columbus Day~ Italian Sub Chicken Noodle Soup Salad Fruit Cookie	11 Cheese Quesadilla Spanish Rice Chips n Salsa Corn Cookie	12 Chicken on a bun French Fries Mixed Veggies Fruit	13 Meatball Sandwich Tossed Salad Fruit Cup Carrots Brownie	14 Cheese Pizza Garden Salad Steamed Carrots Yogurt Animal Crackers	15
16	17 Spaghetti w/ Meatsauce Tossed Salad Corn Peaches Rice Krispie Bar	18 Cheese Burger on Bun w/ Lettuce Pasta Salad Green Beans Strawberry Muffin	19 ~ NO SCHOOL ~		20 	22
23	24 Turkey Mashed Potatoes Corn Applesauce Roll	25 Beef Tacos w/ Lettuce, Tomato & Cheese Spanish Rice Peas & Carrots Cinnamon Tortilla	26 Chicken Nuggets French Fries Green Beans Breadstick Strawberry Cake	27 Hot Dog on a Bun Mac -N-Cheese Corn Fruit Cereal Bar	28 Grilled Cheese Chicken Noodle Soup Tossed Salad Baby Carrots Yogurt	29 Croutons are provided with every salad
30	31 ~Happy Halloween!~ Italian Dunkers w/ Sauce Corn Mixed Fruit Strawberry Pudding					Milk is Provided with Every Meal