

Medtronic TC Kids Marathon

Dear Running Parents and Families,

We know time sure goes slowly when you are cooped up in the winter. To counter this, we are showcasing our winter running event that builds upon your continued participation in the **Medtronic TC Kids Marathon** program. This community wide effort inspires healthy lifestyles, especially among children.

Give your children the gift of a healthy and fun experience to start the New Year off right. We are confident that all of the young and not-so-young kids in your household would love to participate in the Indoor **Field House Fun Run** at the University of Minnesota Field House on **February 4th**, starting at 9 am. The 200 meter indoor Big Ten track is ready, our volunteers are geared up, and the medals and participant gifts are waiting to be awarded your children and Radio Disney will be in the house providing spectacular fun and entertainment. This email is your invitation to join us this winter.

We will be offering One Mile, Half Mile and Relay runs for K-Jr/Sr H.S. kids only (sorry parents) using the same track the Big Ten Athletes use for their Indoor Championships. Here's the chance to test your overall training and endurance. If you have never run on a true track the experience and atmosphere should not be missed.

Registration for this event is on-line. The fee is \$10 (plus applicable fees) to run. (limited scholarships are available) If you want to register your child, you can access the registration form by logging on to the Medtronic TC Kids Marathon site at www.tcmevents.org. Registration is available in the middle of the page or click on Youth Programs on the navigation panel at the top of the screen. Click on the Events tab for more detailed information. Registration is now open through Jan. 27th on line and then on race day but the fee rises to \$16. Registration in advance entitles you to free validated parking at the University. If your school is participating be sure to use the school referral code.

Even if you can't join us Feb 4th, come back and check out the latest training resources on the [Medtronic TC Kids Marathon](http://www.tcmevents.org) site. You'll find creative suggestions, resources and tools to create healthier lifestyles with fun running activities as well as training schedules geared for young people that get them up and moving.

Don't forget to mark your calendars and check back on the site for information on our Spring Cross County Run held May 19th at Como Park, St. Paul, MN. If you have any questions about the program, please contact Sandy Unger at [651-289-7709](tel:651-289-7709) or Sandy@tcmevents.org.

Sincerely,

Sandy Unger

Youth Programs and Community Outreach Manager