

*Please join us on February 4<sup>th</sup> (9:00 AM – 12:00 Noon)*

## *Insightful Parenting: The Workshop!*

*Facilitated by Dr. Steve Kahn and hosted by*

### *Oak Grove Lutheran Church*

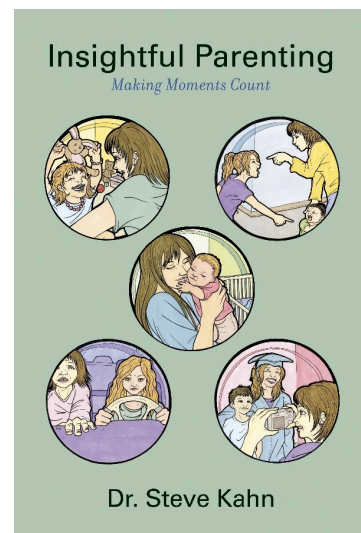
This is the approach that focuses on our lives as parents! Learn how to be at your best even when your children are being their most challenging selves. And this is the only 3-hour workshop of the year. Fee - \$20.00 per person, \$30.00 per couple.



You will gain a better understanding of why you might get upset or react too emotionally at times and you will have the chance to learn about your blind spots and learn how to see the teaching opportunities in all the moments of childhood.

*To reserve your spot, contact Pastor Brice at [Brice@oakgrovelutheran.org](mailto:Brice@oakgrovelutheran.org)*

*Location of workshop:  
Oak Grove Lutheran Church  
7045 Lyndale Ave. Richfield, MN 55423*



Dr. Kahn's book on "Insightful Parenting: Making Moments Count" is available for \$12.00 at [www.drstevekahn.com](http://www.drstevekahn.com).