

ADOLESCENT MENTAL HEALTH SEMINAR

Teresa's G.R.A.C.E.

(Guidance Resources Awareness Catholic Education)

A workshop bringing together faithful, practicing Catholic professionals (child psychiatrist, family practitioner, therapist, priest, psychologist) to share information, knowledge, skills, and support with parents in our Catholic community.

As parents, have you ever wondered...

- *Is our child ill or is this just “teenager-itis”?
- *Is this behavior “normal” or is it a sign of something more serious?
- *How can we tell if this is serious enough to warrant an intervention?
- *Where can we get help that we can trust?
- *When should we seek professional help?
- *What does this mean in terms of our Catholic faith?

Let us gather as a community, to persevere, follow faithfully, and learn all that we can to help our children, our families, and our community!

**SEMINAR DATE: SATURDAY, NOVEMBER 19, 2011
THE CHURCH OF SAINT PAUL, 1740 BUNKER LAKE BLVD NE,
HAM LAKE, MN 55304**

8:00 AM...MASS

8:30 AM...REGISTRATION

9:00 - 12:00 Noon...SEMINAR

**Fee: \$15.00 per person, \$25.00 per couple (scholarships available)
Please RSVP to the Church of Saint Paul at 763-757-6910
For information on each presenter, please see churchofsaintpaul.com**